



You are **dignified** and **noble**. Like a **Carrot**, you are content to stay underground until your true value is recognized.



You are like **allspice**, deep and tireless. You share a combination of gifts and talents, unique to you, for the benefit of the world.



You are straightforward and open. Like the **apple**, you generously share your heart with the world and everyone feels comfortable, knowing where they stand.



You are straightforward and open. Like the **apple**, you generously share your heart with the world and everyone feels comfortable, knowing where they stand.



You are **stable**. Like the **avocado**, you use your inner eye of stillness and stability to give you the strength to cope. You embrace change from a point of stillness.



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You are **incognito**, **gentle** and **softly spoken**. Like the **banana**, your hidden softness and gentle ways brings comfort to many.



You are **incognito**, **gentle** and **softly spoken**. Like the **banana**, your hidden softness and gentle ways brings comfort to many.



You are **interesting** and **intriguing**. Like the **walnut**, you bring a unique dimension to everything which quietly makes all the difference.



You are **sweet**, **fresh** and **vibrant**. Like a **beetroot**, the colour of your company is uplifting. The quality of your thoughts is based on truth and therefore health giving.



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You are extraordinary. Like the **cabbage**, you appear ordinary on the outside, but your heart contains many layers of depth of wisdom.



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You are extraordinary. Like the **cabbage**, you appear ordinary on the outside, but your heart contains many layers of depth of wisdom.



You are pure-hearted.
Like the **cauliflower**, you have a heart so pure you can uplift every soul. As you remain untouched by the surroundings, you bring positive energy into the atmosphere.



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You stand tall and strong, confident in yourself. Like **celery**, you bring the subtle flavour of Inclusivity through your attitude.



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You are contented.
Like the **cherry**, you have everything you need within you. Contentment makes you stable and you bring comfort to others around you.



You have coolness.
Like a **cucumber** you have subtle coolness. You touch the stillness and power of silence, and you refresh and nourish.





You have **coolness**. Like a **cucumber** you have subtle coolness. You touch the stillness and power of silence, and you refresh and nourish.



You are **content** and **happy** with who you are. Like the **grape**, you accommodate, cooperate and feel comfortable with many different personalities.



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You are **detached** and **loving**. Like the tangy **grapefruit**, you are not afraid to speak the truth when it is needed. Others know you have their benefit at heart.



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You are **loving**. Like the soft, sweet **lettuce**, you are not afraid to be open and gentle. With love, all things change for the better.



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You are **rich deep** and **sweet**. Like the **mango** you bring the fragrance of happiness and joy to everyone you meet.



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You are **radiant** and **sparkling**. Like the **papaya**, you share your golden light to uplift and bring hope to others.





You have a **generous** nature. Like the **pear**, you have an attitude of good wishes. You give support in times of need.



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You are **fragrant** and **fresh**. Like the **pineapple** you energise and refresh others by always having good wishes and pure feelings for them.



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You are **dignified** and **complete** within yourself. Like the **pomegranate** you spread fragrance and sweetness and create harmony wherever you go.



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You are **adaptable** and **accommodating**. Like the humble **potato**, you sustain others by being a good companion, a friend to all.



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You are **bountiful** and **generous**. Like the **pumpkin**, you are full and content with all that life offers. Your company is so precious because you bring contentment to others.



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You are **rich** and **deep**. Like **spinach**, your concentrated goodness brings strength and vigour to all you meet.





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You are **harmonious**. Like the **sweet potato**, you are able to mix in different situations with ease and add depth. You look at people in your life with an appreciation of their special qualities.



You are **glowing and radiant**. Like the **tomato**, you are versatile and full of vitality, so you are invariably the magic ingredient in any mix.



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You are **interesting and intriguing**. Like the **walnut**, you bring a unique dimension to everything which quietly makes all the difference.



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You are **pure-hearted**. Like the **cauliflower**, you have a heart so pure you can uplift every soul. As you remain untouched by the surroundings, you bring positive energy into the atmosphere.



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You are **happy**. Like **peas** in a pod, you are full of magical wonder. You don't need anything to be happy as happiness comes from inside.



You are like **peppermint**. Your clarity provides calm in others in times of confusion.



You are **powerful yet unassuming**. Like the **sunflower seed**, you generously share the energy you have received, spreading a wave of enthusiasm.





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You are **sweet** and **vibrant** and full of wonderful qualities. Like **sweetcorn**, whilst understanding your individual worth you align with the bigger picture to create something beautiful and magnificent.



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You are **bright** and **cheerful**. Like the **tangerine**, you have the art of making others smile.



You are **bright** and **cheerful**. Like the **tangerine**, you have the art of making others smile.



You are **bright** and **cheerful**. Like the **tangerine**, you have the art of making others smile.



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